

LGBTQ I O I

part one: sexual attraction + orientation

Best Practices for Serving Lesbian, Gay, Bisexual, Transgender, Queer and Questioning Youth

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OUTLINE

- Introductions
- Working Assumptions
- LGBTQ 101
 - Sexual Orientation (Part 1)
 - Gender Identity (Part 2 – 1:40pm)
- Action Steps
- Questions

INTRODUCTIONS

1. Name
2. Preferred Gender Pronoun
3. LGBTQ “Queero”

WORKING ASSUMPTIONS

LGBTQ 101

LGBTQ 101

Sexual Orientation

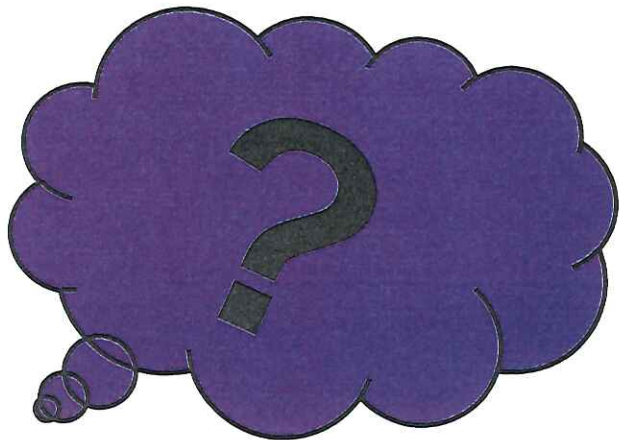
To whom we feel attracted.

Gender Identity

Our internal sense of gender,
regardless of what our bodies
look like.

SEXUAL ORIENTATION

In what ways do we feel (or not feel) attracted to other people?



SEXUAL ORIENTATION

Some Types of Attraction

Sexual

Mental

Physical

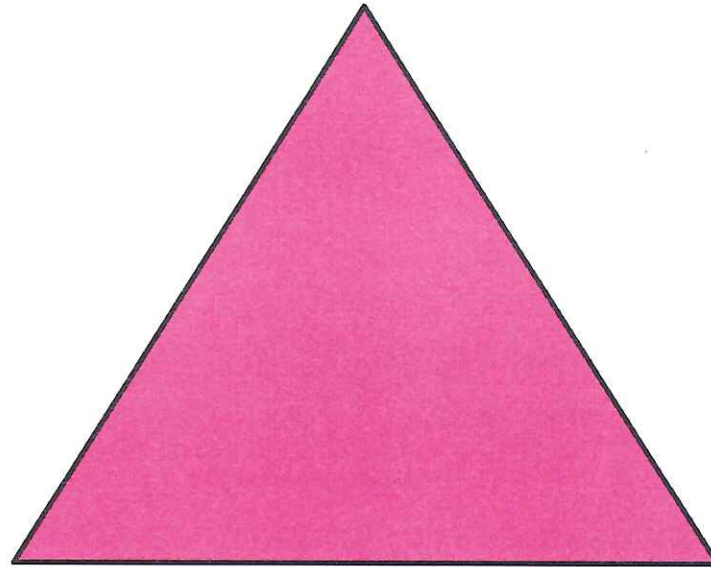
Spiritual

Emotional

Intellectual

SEXUAL ORIENTATION

Orientation



Identity

Behavior

SEXUAL ORIENTATION

"I knew the word '[asexual](#)' was really powerful and validating, but [I wanted] to avoid creating a culture of telling people who they needed to be to be part of this community. I started talking about [how identity is a tool and not a label](#) -- an idea that you should be able pick it up if it's useful to you and put it down if it's not, and one that you can redefine for yourself."

David Jay

What Is Asexuality? A Community's Coming Of Age
Huffington Post

SEXUAL ORIENTATION

Werewolf: Hi, I'm a werewolf.

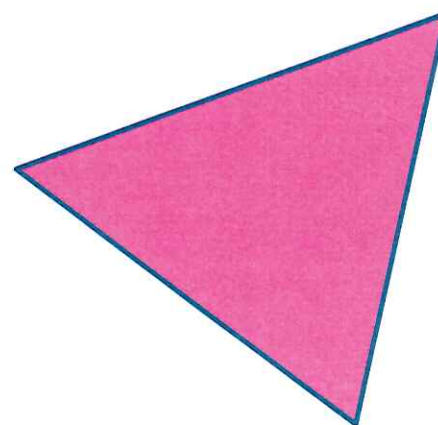
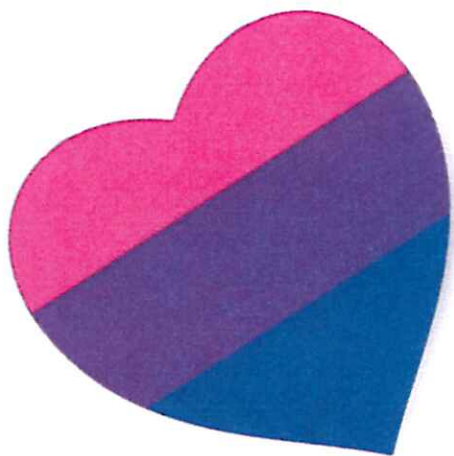
Person: Ok, so when you're in human form you're a human, and when you're in wolf form you're a wolf though.



Werewolf: No. I'm a werewolf. Human form = werewolf. Wolf form = werewolf. Always a werewolf. No matter the circumstance or appearance, I AM ALWAYS A WEREWOLF.

Source: Tumblr; <http://favouriteghost.tumblr.com>

SEXUAL ORIENTATION



ACTIVITY

Gender or Sexuality?

BEST PRACTICES

- It is never our place to tell a young person if, when or how to come out.
- Communicate acceptance - watch for “microaggressions” or hidden bias.
- Update intake/survey forms to be inclusive of sexual orientations/gender identities beyond “straight”

ONE

supportive adult in an environment can
decrease an LGBTQ youth's risk for
suicide by 30%

QUESTIONS

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