LGBTQIOI

part two: gender identity and expression

Best Practices for Serving Lesbian, Gay, Bisexual, Transgender, Queer and Questioning Youth

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OUTLINE

- Introductions
- Working Assumptions
- LGBTQ 101
 - Gender Identity (Part 2 1:40pm)
- Action Steps
- Questions

INTRODUCTIONS

- I. Name
- 2. Preferred Gender Pronoun
- 3. LGBTQ "Queero"

WORKING ASSUMPTIONS

LGBTQ 101

LGBTQ 101

Sexual Orientation

To whom we feel attracted.

Gender Identity

Our internal sense of gender, regardless of what our bodies look like.

What were some of the first messages you received about people who were not "masculine enough" or "feminine enough"?

Where/who did they come from?

Do you still believe them?

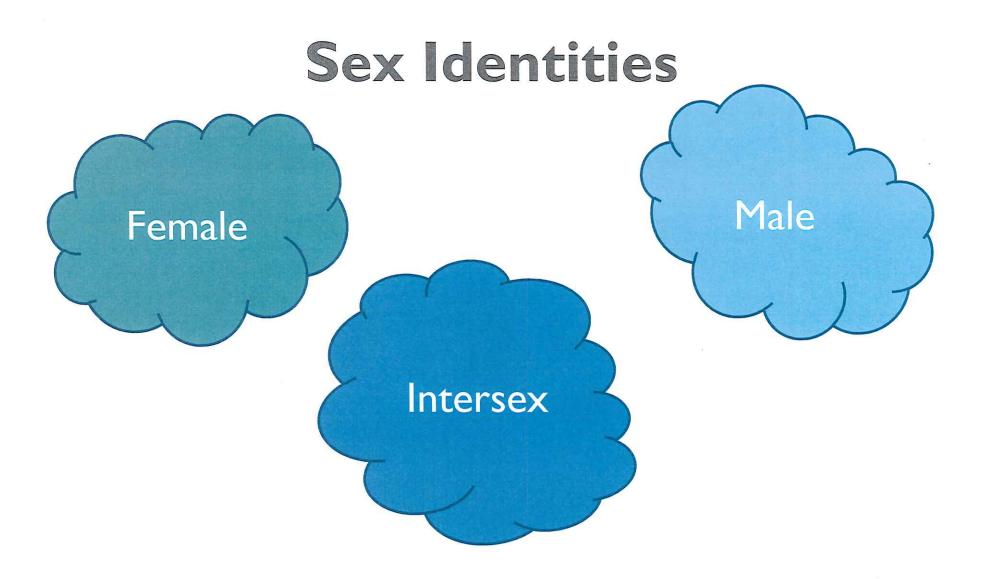
Sex

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Gender

Sex

Genitals
Gonads
Hormones
Chromosomes



Gender "What does it mean to be...?"

Identity

Who you are, regardless of what your body looks like or appears to be.

Expression/Presentation

How you show your identity to the world.

Attribution

How the world sees you.

Trans + Gender Non-Conforming Identities (Handouts)

Supporting Trans/GNC Youth

Non-assumptive language:

- Preferred name and gender pronoun
 - "What gender pronouns do you use?"
 - Gender neutral pronouns They Them Their
- Do not make assumptions about the person's gender or the gender of partners, family members or friends

Exploring gender identity:

- Demonstrate a nonjudgmental attitude and provide a safe space to explore gender issues
- Meet the person where they are at

ACTION STEPS

BRAINSTORM:

How do we become a safe person for LGBTQ youth to talk to?

PROMOTING RESILIENCY

LGBTQ-Specific Protective Factors

•Family, community and school support (PFLAG, GLSEN)

•LGBTQ or LGBTQ-Friendly social and support networks (GLBTNearMe.org)

Development of Coping Mechanisms (Safety planning, etc.)

• Positive media representations:

"Possibility models"



RESOURCES

Georgia Resources

- Georgia Equality
- Georgia Safe Schools Coalition
- Just Us Atlanta
- PFLAG

National Resources

- Human Rights Campaign
- Trevor Project: 866-488-7386
- Trans Lifeline: 877-565-8860
- Gay, Lesbian, Straight Education Network (GLSEN)



THE BIG THREE

- I. It is NEVER our place to tell a young person when, whether, where, or how to come out.
- 2. Remember the heightened need for confidentiality in all situations.
- 3. Be thoughtful with language: inclusivity, pronouns, assumptions.

supportive adult in an environment can decrease an LGBTQ youth's risk for suicide by 30%

QUESTIONS

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