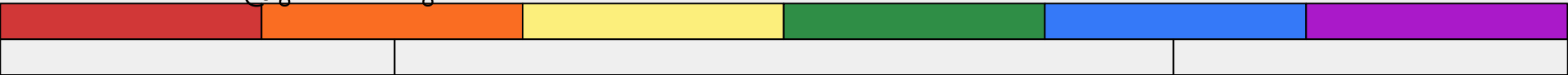


LGBTQ + & Prevention Workshop



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Objectives

- Describe acceptable terms for gender and sexual identity in the lesbian, gay, bisexual, transgender, or queer community.
- Summarize challenges in the care of the lesbian, gay, bisexual, transgender, or queer community.
- Outline communication strategies to provide culturally correct communication with the lesbian, gay, bisexual, transgender, or queer community.
 - Explain the cultural competence in BH Care for LGBTQ community.





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History of the LGBTQ+ community

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What are terms that we use in the community

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What are some steps that you can take to include LGBTQ+ in your work

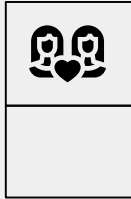
04

Tips

Tips for success



Why are we talking about this?



Suicide

29% of Transgendered, 21% of gay and lesbian, and 22% of bisexual youth have attempted suicide. 7% of cis and straight. *CDC



ATOD Use

56% of LGBTQ used alcohol in last year, 34% marijuana, 10% of Rx abuse. *Trevor Project



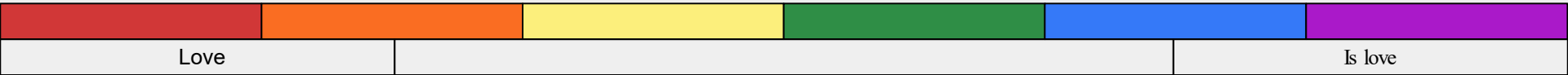
Bullying

43% of transgendered youth have been bullied on school property. 18% of cis-gendered *CDC



Weapons

29% trans youth were threatened or injured with weapons compared to 7%. *CDC





Why are we talking about this?



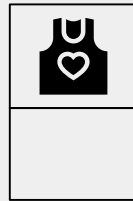
Homes

With up to 40% youth experiencing homelessness is LGBTQ+
*nn4youth.org



Eating Disorders

46% been diagnosed and 54% suspect they have an eating disorder *NEDA & Trevor Project



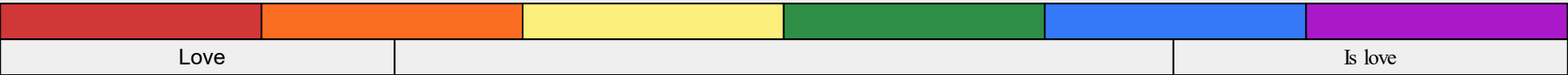
Violence

7.4x more likely to experience sexual violence than peers. *Polaris Project



Sex Trafficking

3 to 7x more likely to engage in survival sex to meet basic needs.
*Polaris Project



Love

Is love



01



History



Knowing the past, helps
inform the future



What month is LGBTQ+ History month?



- A. September
- B. June
- C. October
- D. August





What month is LGBTQ+ History month?



- A. September
- B. June**
- C. October
- D. August

Atlanta's PRIDE takes place in October.





What year was the Society of Human Rights founded?



- A. 1910
- B. 1924
- C. 1932
- D. 1955





What year was the Society of Human Rights founded?



- A. 1910
- B. 1924**
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The society is the first documented gay rights organization





What year was the Daughters of Bilitis (DOB) created?

A. 1927

B. 1935

C. 1948

D. 1955





What year was the Daughters of
Bilitis (DOB) created?

- A. 1927
- B. 1935
- C. 1948
- D. 1955**

The DOB is the first
documented lesbian
rights organization





Who was the first LGBTQ person to be elected to state office?

- A. Elaine Noble
- B. Kathy Kozachenoko
- C. Renee Richards
- D. Ellen Morgan





Who was the first open LGBTQ
person to be elected to state
office?

A. Elaine Noble

B. Kathy Kozachenoko

C. Renee Richards

D. Ellen Morgan

Serve in the MA
House for 2 terms
starting in 1975





Who was the first (known)
openly gay politician in the US
elected?

A. James Byrd, Jr.

B. Matthew Shepard

C. Brandon Teena

D. Harvey Milk





Who was the first (known)
openly gay man politician in the
US elected?



- A. James Byrd, Jr. He was later
- B. Matthew Shepard assassinated in 1978
- C. Brandon Teena after serving less than a year in office
- D. Harvey Milk





The first Pride parade occurred
a year after what historical
event?



- A. The first AIDS quilt was made
- B. Gilbert Baker making the first flag
- C. The Stonewall Riots
- D. LGB folks being allowed to marry





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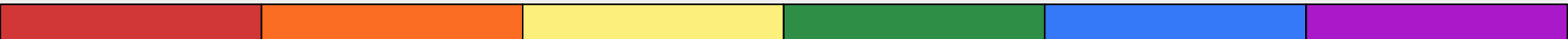




Stonewall Riots



- June 28 – July 3, 1969
- Stonewall Inn in Greenwich Village
- Three-Piece “Laws”
- Raids of gay bars and arrest were made
- Led by trans-women of color
- First Pride parade was called “Christopher Street Liberation Day March” held on June 28, 1970





What Presidents banned gay people from working in the federal government?

- A. Lyndon B. Johnson
- B. Harry Truman
- C. John F. Kennedy
- D. Dwight D. Eisenhower





What Presidents banned gay people from working in the federal government?

A. Lyndon B. Johnson

B. Harry Truman

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In 1953, citing security risks.





Federal Government

- 1953- Eisenhower's Executive Order
- 1973- Judge rules that you can't be fired from federal employment based on sexual orientation alone
- 1975- US Civil Services Commission would consider application by gay and lesbian on a case by case basis
- 1977- State department lifts policy for Foreign Service
- 1993- Don't Ask, Don't Tell
- 1995- Clinton signs Executive Order to include sexual identity as a protected class
- 2011- Congress allows LGB in Military
- 2016- Ban on transgendered folx in military
- 2021- Rescinds ban on trans folx

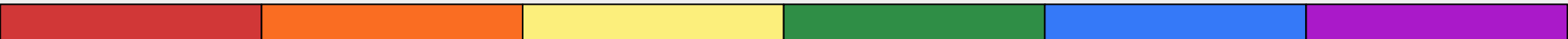




Language



The difference between the almost right word and the right word, is the difference between a lightning bug and the lightning. — Mark Twain



Reduce stigma

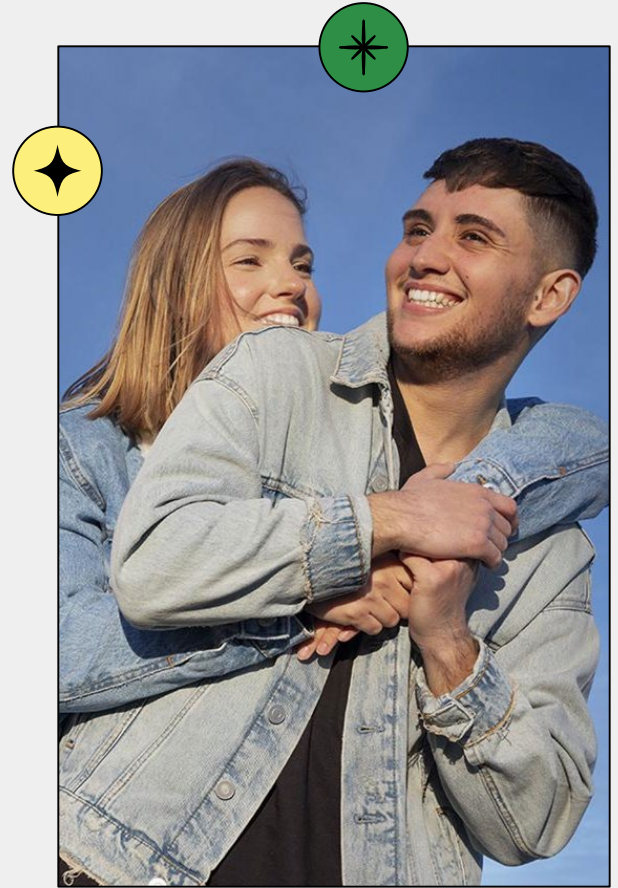


LGBTQ+

Awareness

“Better than a thousand
hollow words, is one
word that brings peace.”

— ▽△
-Budda
— △▽



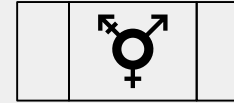


Gender Terms



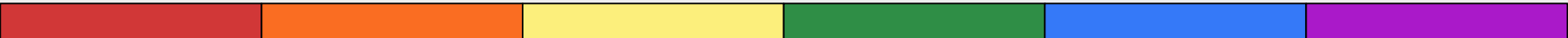
Sex

Sex” is the term we use to refer to a person’s sexual anatomy (his or her sexual body parts).



Gender

the term we use to refer to how a person feels about himself as a boy/man or feels about herself as a girl/woman.



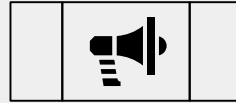


Gender Terms



Gender Identity

the term for how a person-self identifies in terms of being a boy/man or girl/woman



Gender Roles

social roles that are assigned by a society according to gender



Non -binary

a person who does not identify exclusively as a man or a woman



Genderqueer

typically reject notions of static categories of gender and embrace a fluidity of gender



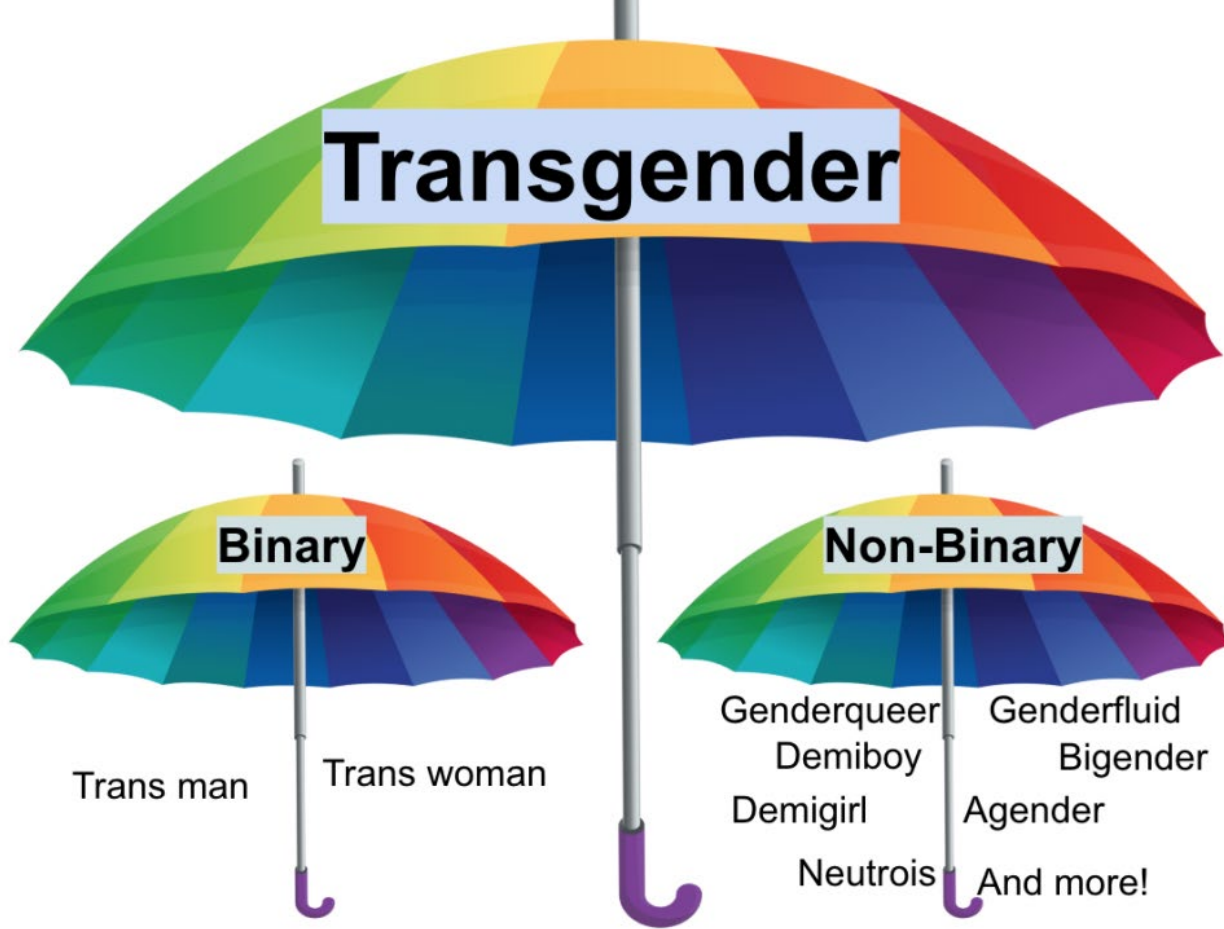
Gender Fluid

A person who does not identify with a single fixed gender or has a fluid or unfixed gender identity.



Transgender

umbrella term for people whose gender identity and/or expression is different from cultural expectations based on the sex they were assigned at birth





The sexual trichotomy

Sexual Identity

(how we self-identify and/or publicly identify)



Sexual Orientation

(who we are attracted to)

Sexual Behaviour

(the sexual contacts we have)

L

Lesbian

A woman who is primarily attracted to women.

G

Gay

A man who is primarily attracted to men; sometimes a broad term for individuals primarily attracted to the same sex.

B

Bisexual

An individual attracted to people of their own and opposite gender.

T

Transgender

A person whose gender identity differs from their assigned sex at birth.

T

Transsexual

An outdated term that originated in the medical and psychological communities for people who have permanently changed their gender identity through surgery and hormones.

Q

Queer

An umbrella term to be more inclusive of the many identities and variations that make up the LGBTQ+ community.

Q

Questioning

The process of exploring and discovering one's own sexual orientation, gender identity and/or gender expression.

I

Intersex

An individual whose sexual anatomy or chromosomes do not fit with the traditional markers of "female" and "male."

A

Ally

Typically a non-queer person who supports and advocates for the queer community; an individual within the LGBTQ+ community can be an ally for another member that identifies differently than them.

A

Asexual

An individual who generally does not feel sexual desire or attraction to any group of people. It is not the same as celibacy and has many subgroups.

P

Pansexual

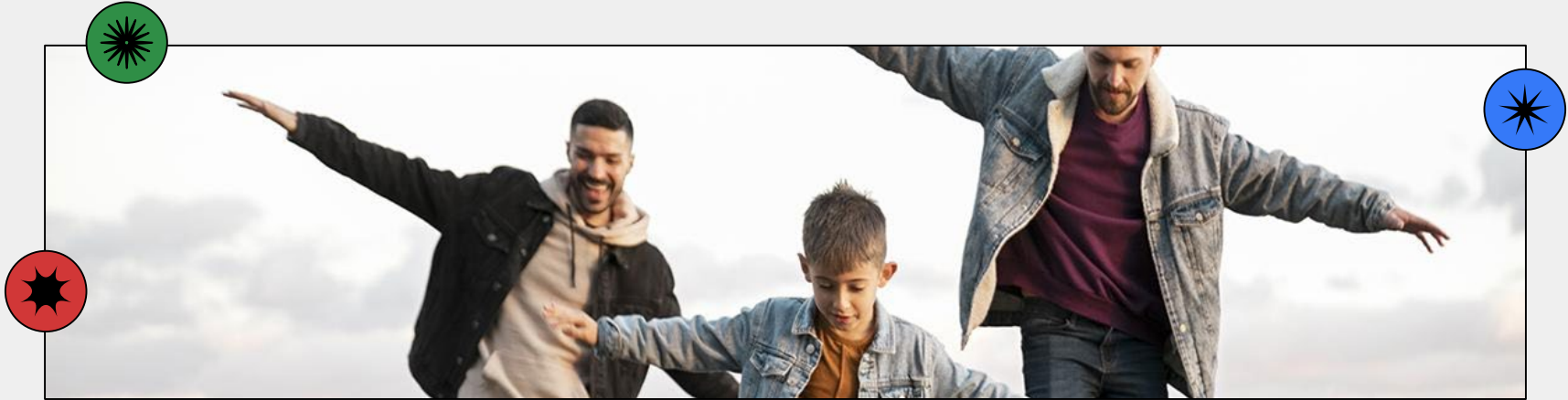
A person who experiences sexual, romantic, physical and/or spiritual attraction to members of all gender identities/expressions, not just people who fit into the standard gender binary.



Hope will never be silent.
- Harvey Milk



Inclusion



Pronouns

Why do they matter?

Survey

What do you need to know and how do you ask?

Training

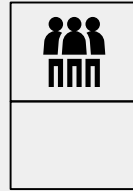
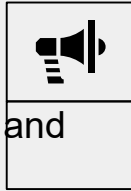
How do we learn more

Features of the topic



Personal Education

Checking privilege and thoughts and language

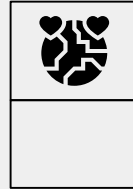
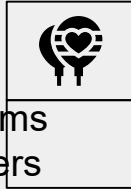


Representation

Who can represent the group and making sure we aren't just checking boxes

The terms we use

How do we give gender neutral terms when we are in the presence of others



Policy

What can we do policy wise to promote inclusion



How do we address groups...

- . Husband/ Wife
- . Son/ Daughter
- . Girlfriend/ Boyfriend
- . Boys and Girls
- . Ladies and gentlemen
- . Other sayings

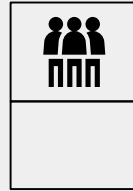


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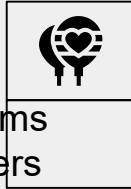


Representation

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How do we
include
everyone?



Inclusive



Schlossberg's Theory of Mattering and Marginality

- **Marginality**

- Sense of not fitting in
- Can lead to self consciousness, irritability and depression
- Especially relevant when taking on a new role OR trying new things

- **Mattering (5 aspects)**

- Attention– feeling of being noticed
- Importance belief you are cared about
- Ego Extension Feeling that someone would be proud or sympathize
- Dependence feeling needed
- Appreciation



Intentionally
Uninviting

Unintentionally
Uninviting

Unintentionally
Inviting

Intentionally
Inviting



Thanks

Do you have any questions?

Michael W. Davis, Ph.D.
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Michael@guideinc.org

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