

Non-Medical Use of Prescription Drugs Risk/Protective Factors & Availability of Evidence Based Practices or Policies

Domain	Risk/Protective Factor & Strength of Association	Intervention Component/ Focus	EBP Existence?	Level of Evidence for EBP?	Notes & Source
Community	Availability/Retail Access ★★★	Prescription Monitoring Programs	Yes	Evidence of Direct Effectiveness ✓✓✓	Paulozzi, Weisler, et al., 2011; Baehren et al., 2010; PMP Center of Excellence at Brandeis University 2011
		Changing prescriber practices through education	Yes	Theoretical Support, Insufficient Evidence ✓✓	**as a part of a bigger strategy. Manchikanti, 2007; Twombly & Holtz, 2008; Cochella & Bateman, 2011
		Reduce Access to PD via Internet	Yes	Limited Theoretical Support ✓	**exchange mostly through social networks. McCabe, Cranford, Boyd, & Teter, 2007
	Community norms favorable towards use ◆	Use of Mass Media to Change Community Norms	Yes	Evidence of Direct Effectiveness and theoretical support ✓✓✓	**should not be used in isolation; high levels of frequency and reach required. Johnson, Porucznik, Anderson, & Rolfs, 2011

Community	Norms favorable towards use ◆	Use of community Coalitions; Community Mobilization	Yes	Theoretical Support, Insufficient Evidence ✓✓	**difficult to link to direct contribution. Albert et al., 2011; Ogilvie et al., 2008.
	Neighborhood quality, disorganization, community attachment, mobility ◆	Altering the physical environment/public space interventions	Yes	Limited Theoretical Support ✓	**Since much access is social, public space interventions may not impact. Birkmayer, Fisher, Holder, & Yacoubian, 2008
School	Academic Failure/Low Educational Achievement ★★	Academic Skills enhancement (tutoring, vocational training, etc)	Yes	Theoretical Support, Insufficient Evidence ✓✓	**No studies in the past 5 years
	Low School Attachment/Bonding ★★	Enhance connection and bonding to school	NA	Theoretical Support, Insufficient Evidence ✓✓	**No studies in the past 5 years
Family	Social Access ★★	Restrict Availability in home through education	Yes	Theoretical Support, Insufficient Evidence ✓✓	**includes parent inventory of high-risk products in the home. Gruenewald, Johnson, Shamblen, Ogilvie & Collins, 2009; Johnson et al, 2007
	Poor Parental/Monitoring/Low Parental Involvement ★★	Improved Parental Monitoring	Yes	Evidence of Direct Effectiveness ✓✓✓	**study limited to adolescent females only. Schinke, Fang & Cole, 2008
	Parental Disapproval of Substance Use ★★	Parent training aimed at clear communication of disapproval, family management.	Yes	Evidence of Direct Effectiveness ✓✓✓	Spoth, Trudeau, Shin & Redmond, 2008; Schinke et al, 2008

Legend: ★★★ - Strong association between Risk/Protective Factor & NMUPD; ★★ - Moderate association between Risk/Protective Factor & NMUPD; ◆ Insufficient Evidence for between Risk/Protective Factor & NMUPD; ✓✓✓ - Evidence of Direct Effects on NMUPD; ✓✓ - Theoretical Support for substance abuse, but not necessarily for NMUPD; ✓ - Limited Theoretical Support, No evidence for NMUPD specifically and/or inconsistent findings in the literature for substance abuse generally

Peer	Normative misperceptions of peer use ◆	Social Norms Campaign	Yes	Evidence of Direct Effectiveness ✓✓✓	**study limited to adolescent females only. Twombly & Holtz, 2008; Schinke, 2008
	Peer Norms: Peer Approval of Use ★★	Peer leadership, social and personal competence skills	Yes	Theoretical Support, Insufficient Evidence ✓✓	**inconsistent evidence. Fang, Schinke, & Cole, 2010; Schinke, Fang, & Cole, 2009; Spoth et al., 2008
	Number of Friends Who Use ★★	Peer leadership, social and personal competence skills	Yes	Theoretical Support, Insufficient Evidence ✓✓	See Peer Norms
Individual	Perception of Harm ★★★	Strategies designed to increase perceived risk/harm for NMUPD	Yes	Evidence of Direct Effectiveness ✓✓✓	**effects may disappear over time. Gruenewald et al., 2009; Osborne & Ross, 2006
	Alcohol/ illicit drug use or dependence ★★★	Personal competence skills	NA	Theoretical Support, Insufficient Evidence ✓✓	See Peer Norms
	Delinquent/Antisocial Behavior ★★★	Mentoring, After-School Activities, Youth Development Programs	Yes	Theoretical Support, Insufficient Evidence ✓✓	**unable to determine direct correlation between risk factor and intervention component. Harrell, Cavanagh, Sridharan, 1998
	Personality Characteristics/Sensation Seeking ★★★	Personal competence skills	NA	Theoretical Support, Insufficient Evidence ✓✓	See Peer Norms

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Individual	Early Onset of Use ★★	Personal competence skills	NA	Theoretical Support, Insufficient Evidence ✓✓	See Peer Norms
	Mental Health Diagnosis ★★	Personal competence skills	NA	Theoretical Support, Insufficient Evidence ✓✓	See Peer Norms
	Chronic Pain (non-cancer) ★★	Improve clinical prescribing practices.	NA	Theoretical Support, Insufficient Evidence ✓✓	See Retail Availability, Interventions aimed at physicians. Chou, et al, 2009; Paulozzi, Weisler & Patkar, 2011; Passik, Kirsh, & Casper, 2008.

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