Suicide Prevention OBHP Activities



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Agenda

DATA ON SUICIDE & SCHOOL-AGE CHILDREN

POLICY 01-118: SUICIDE PREVENTION, SCREENING, BRIEF INTERVENTION, AND MONITORING

HB 198

GARRETT LEE SMITH (GLS) YOUTH SUICIDE PREVENTION GRANT

RESOURCES

Suicide & School-Age Children

EPIDEMIOLOGICAL DATA: GEORGIA AND NATIONALLY

Georgia Epidemiological Data

- Between 2012-2014,
 - o 3,593 people died by suicide in Georgia
 - o 101 youths ages 5-17 died by suicide in Georgia
 - * 32 deaths in 2012
 - * 39 deaths in 2013
 - * 30 deaths in 2014
 - o Youth ages 5-17 who died by suicide in Georgia were
 - * 77% male
 - ❖ 72% white
 - 23% black or African American
 - ❖ 5% Hispanic/Latino
 - ❖ 4% Asian and multi-racial

(Source: Georgia Online Analytical Statistical Information System OASIS)

Georgia Youth Grades 6-12, 2015-2016

(Source: Georgia Student Health Survey II)

- Anonymous, self-reported responses from youth collected annually
 - o 57,677 students reported <u>seriously considering attempting suicide</u> during the past 12 months, representing **8.7**% of all students who responded
 - o 27,014 students reported <u>attempting suicide at least once</u> in the past 12 months, representing **4.1%** of all students who responded
 - * 4,731 students reported <u>attempting suicide more than 5 times</u> in the past 12 months, representing **0.7%** of all students who responded
 - o 146,889 students reported that they <u>disagreed with the statement "I know an adult at school that I can talk with if I need help,"</u> representing **22.1%** of all students who responded

Georgia Youth Grades 6-12, 2013-2016

(Source: Georgia Student Health Survey II)

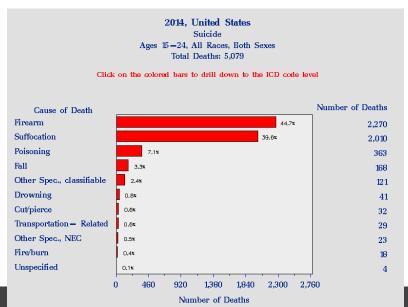
Measures	2013- 2014	587,043	2014- 2015	629,648	2015- 2016	663,797
	#	%	#	%	#	%
Seriously considered attempting suicide during past 12 months	54,859	9.3%	58,372	9.3%	57,677	8.7%
past 12 months	34,039	9.370	30,3/2	9.3/0	3/,0//	0.770
Attempting suicide at least once in past 12 months	31,346	5.3%	27,985	4.4%	27,014	4.1%
Attempting suicide more than	0 /0 .		777 0		//	•
5 times in past 12 months			4,905	0.8%	4,731	0.7%
Disagreed with statement "I know an adult at school that I						
can talk with if I need help"	152,820	26.0%	149,597	23.8%	146,889	22.1%

Means: Firearms

• In 2014, suicide was the 2nd leading cause of death for 10-14, 15-24, and 25-34 year olds nationally

(Source: CDC vital statistics

http://www.cdc.gov/injury/wisqars/leading causes death.html)

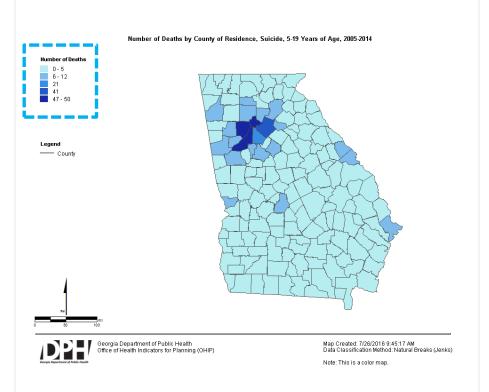


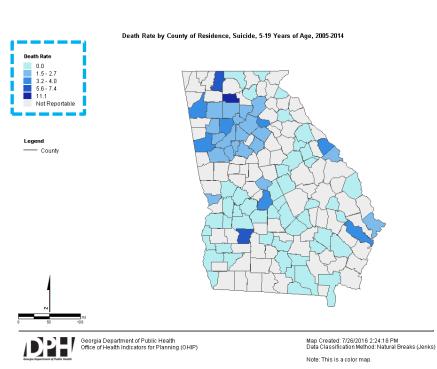
- Between 2011-2013,
 - 39.2% of youth aged 5-17
 who died by suicide
 nationally used firearms
 - 50.3% of youth aged 5-17
 who died by suicide in
 Georgia used firearms

(Source: CDC National Violent Death Reporting System)

Suicide Deaths and Death Rates, 2005-2014

(Source: Georgia Online Analytical Statistical Information System OASIS)





Suicide Prevention, Screening, Brief Intervention and Monitoring, 01-118

DBHDD POLICY FOR ALL TIER 1 AND TIER 2+ BEHAVIORAL HEALTH COMMUNITY PROVIDERS REGARDING THE USE OF EVIDENCE-BASED SUICIDE PREVENTION STRATEGIES AND PRACTICES FOR CONSUMERS IN CARE

FULL IMPLEMENTATION DATE
JULY 1, 2016

Zero Suicide

- A commitment to suicide prevention in health and behavioral health care systems
- Specific set of tools and strategies
- Concept and practice
- Toolkit: http://www.zerosuicide.sprc.org

- LEAD
- TRAIN
- IDENTIFY
- ENGAGE
- TREAT
- TRANSITION
- IMPROVE

Suicide Prevention Planning Strategy

- Use of approved suicide screening tools
- Screening results and planning
- Assessment
- Monitoring
- Documenting screening, safety plan intervention, and treatment planning
- Care coordination
- Training
- Quality assurance

Policy 01-118 Trainings

- Gatekeeper Trainings
 - o QPR
 - o SAFETALK
 - Mental Health First Aid

- Assessing and Managing Suicide Risk (AMSR)
- Columbia Suicide Severity Rating Scale (C-SSRS) / Suicide Risk Assessment
- Safety Plan Intervention (SPI)
- Counseling on Access to Lethal Means (CALM)
- Child and Adolescent Needs and Strengths Assessment (CANS)
- Adult Needs and Strengths Assessment (ANSA)

House Bill 198 "Jason Flatt Act – Georgia"

JULY 1, 2015

Suicide Safer Schools

A "SUICIDE SAFER SCHOOL/SCHOOL SYSTEM" IS ONE THAT HAS DEMONSTRATED A COMMITMENT TO SUICIDE PREVENTION, INTERVENTION, AND POSTVENTION BY PROVIDING A VARIETY OF EDUCATION AND SUPPORT TO ALL THE MEMBERS OF THE SCHOOL COMMUNITY.

HB 198: Implementing Suicide Safer Schools

- Requires annual suicide prevention training for all certificated personnel
- Requires that all training have a component that shares how to access behavioral health treatment
- Requires each school district to have a Suicide Prevention Policy that includes prevention, intervention and postvention
- Requires a state committee of the Department of Education
- Each school district is responsible for developing their own policy, protocols, training, and action planning

Garrett Lee Smith (GLS) Youth Suicide Prevention Grant

SUBSTANCE ABUSE AND MENTAL HEALTH
SERVICES ADMINISTRATION (SAMHSA) 5-YEAR
GRANT SUPPORTING SUICIDE PREVENTION
WORK WITH YOUTH AGES 10-24 IN CAMPUS,
STATE, OR TRIBAL COMMUNITIES

COHORT X: SEPTEMBER 1, 2015 -SEPTEMBER 29, 2020

GLS Goals

- Develop, implement, and monitor effective programs that promote wellness and prevent suicide related behaviors
- Provide training to 3,500 community and clinical service providers on prevention of suicide and related behaviors
- Promote Suicide Prevention as a core component of health related behaviors
- Promote and implement effective clinical and professional practices for assessing and treating 1,500 youth identified as being at risk for suicidal behaviors
- Provide care and support to individuals affected by suicide deaths and attempts to promote healing and implement community strategies to help prevent further suicides

GLS Outcomes

- Decrease number of suicide deaths among youth ages 10-24
- Decrease rate of suicide deaths among youth ages 10-24
- Decrease number of non-fatal suicide attempts among youth ages 10-24
- Decrease rate of non-fatal suicide attempts among youth ages 10-24

Other Suicide Prevention Activities

- SURVEILLANCE
- COMMUNITY COALITION BUILDING
 - COMMUNITY AND PROFESSIONAL TRAININGS
- CONSULTATION TO GEORGIA PUBLIC SERVICES

Suicide Prevention Resources

THE SUICIDE PREVENTION RESOURCE CENTER http://sprc.org

GEORGIA CRISIS & ACCESS LINE 1-800-715-4225 <u>HTTP://MYGCAL.COM</u>

NATIONAL SUICIDE PREVENTION LIFELINE 1-800-273-TALK HTTP://WWW.SUICIDEPREVENTIONLIFELINE.ORG

GEORGIA SUICIDE PREVENTION INFORMATION NETWORK (GSPIN)

HTTP://WWW.GSPIN.ORG

ACTION ALLIANCE FOR SUICIDE PREVENTION
http://www.actionallianceforsuicideprevention.org

Upcoming Suicide Prevention Events

SEPTEMBER:
SUICIDE PREVENTION AWARENESS MONTH

SEPTEMBER 19-20: GEORGIA COLLEGE & UNIVERSITY SUICIDE

PREVENTION CONFERENCE "TOWARD ZERO SUICIDE"

SIGN UP FOR MONTHLY UPDATES ON UPCOMING EVENTS ON GSPIN.ORG!

Questions?